The Student Recreation Center offers CSU students, faculty, alumni and guests a place where they can play, socialize and meet their fitness and wellness needs. Among the many features of the center are:

- Fitness Center
- Quiet Fitness Center
- Modern Cardio Deck
- Two Basketball Courts
- Three Volleyball Courts
- Multi-Activity Court/Ballroom
- Indoor Walking/Running Track
- Vending Area
- Lounge Area
- Climbing Wall
- Two Aerobic Rooms
- Two Racquetball Courts
- Locker Rooms
- Office Space

The state-of-the-art Aquatics Center offers a variety of options for those who like to splash around in the water. The center includes:

- Five-Lane, 25-Yard Lap Pool
- Lazy River
- Therapy Pool
- Sauna

With a number of opportunities to choose from, you're sure to find a class that fits your style, fitness goals and busy schedule.

Classes held in the cardio rooms with high-tech sound systems include:

- Cycling
- Kickboxing
- Zumba
- Yoga
Recreation Center Hours of Operation
(Subject to change depending on semester)

Fitness Center:
Monday-Thursday: 6:30 a.m.-10 p.m.
Friday: 6:30 a.m.-5 p.m.
Saturday: 10 a.m.-4 p.m.
Sunday: 1-8 p.m.

Aquatic Center:
Morning hours
Monday-Friday: 7-9 a.m.

Evening Hours
Monday-Thursday: 11 a.m.-1 p.m.; 4-6:00 p.m.
Friday: 11 a.m.-2 p.m.

Weekend Hours
Saturday: 11 a.m.-2 p.m.
Sunday: 2-4 p.m.

Membership Fees:
Faculty/Staff/Alumni/Retirees
Fall Semester = $100
Spring Semester = $100
Summer Semester = $40
Yearly=$240

CSU employee:
Payment methods:
Payroll deduction, Credit Card,
Cash or Check.
Spouses of Faculty/Staff/Alumni and Retirees are
eligible for membership.

Want to become a member?
Visit http://campusrec.columbusstate.edu/
Start Today trying something new!

Call 706-507-8658
for more information.